

# Terms and conditions Retreats

By signing-up to a 4 Seasons Retreat you voluntarily understand and accept the following terms and conditions as set out below:

## Liability

- 1) 4 Seasons Retreats, represented by Marlot Caspers and Melanie Fissendjidis, will not be liable for any injuries, accidents, medical events, personal losses or damage of belongings, or other damage occurring during the retreat or the journey from/back home.
- 2) Participants of 4 Seasons Retreats are responsible for arranging their own health, travel and cancellation insurance for the period of the retreat. This includes adequate cover for baggage, medical expenses and the cost of repatriation should you become too ill to continue. It is up to each individual to ensure that their insurance is adequate for the retreat they have booked. Any claims concerning matters for which you are insured must be directed to your insurers. If you participate in any extra activities that may be available on the retreat, such as surfing or hiking, you must have insurance that will cover these activities. 4 Seasons Retreats is not liable for non-compliance to this and the participant accepts full responsibility for obtaining any travel insurance required for the retreat and the activities you wish to do while on holiday.
- 3) Participants must inform 4 Seasons Retreats about any medical conditions, allergies via the registration form on our website upon booking.
- 4) If a participant of 4 Seasons Retreats is unable, or does not choose, to complete an itinerary on the retreat stay, 4 Seasons Retreats is not liable to supply alternative itineraries, excursions, accommodations, services or staff for the period when the participant is not present with the group.
- 5) If a participant commits any illegal act when on a 4 Seasons Retreat, or if in the opinion of the leader his or her behaviour is causing or likely to cause danger, distress or annoyance to others, 4 Seasons Retreats may terminate early the retreat stay of the participant without any liability on our part.

## Cancellation & refunds

- 6) Registration is only final after the payment of the full registration fee.
- 7) In the case of cancellation of the retreat due to forces outside of the control of 4 Seasons Retreats (such as closure of retreat venue or COVID-19 restrictions), the retreat will be postponed and your purchased ticket will be valid for the new edition. Purchased tickets - or any other costs made by the participant (e.g. flight, transfer) can not be refunded.
- 8) 4 Seasons Retreats have the right to cancel the retreat if there are any good reasons to do so, including lack of participants, illness of the teacher or any force majeure. In case 4 Seasons Retreats is canceled, we will refund already paid fees. The participant is not entitled

to any other compensation or damages. Unfortunately, ticket refunds are in general not possible, in any other case.

- 9) In the event that you cannot attend the retreat but you have already booked and know someone (hereafter referred to as 'third party') who can take your place, you can let them take your spot, on condition that we are notified promptly by both parties of this swap and the third party completes a registration form. Financial transactions should be arranged amongst each other, between the former participant and the third party.
- 10) In the event of a 'no show' of the participant at the time of the retreat, costs made by the participant (e.g. retreat ticket, flight, transfer) won't be refunded by 4 Seasons Retreats.
- 11) 4 Seasons Retreats won't be responsible for any costs made for the retreat on behalf of the participant – such as flight tickets or booked transfers – whether the retreat will take place or will be canceled in the case we don't reach the minimum number of participants.

## **House rules**

- 12) Our locations are smoke-free. Drug use and excessive alcohol consumption are not allowed during the retreat.
- 13) Respect for each person, regardless of his/her religion, opinions, orientation, gender and development is the most important core value. 4 Seasons Retreats is respectful to all participants and expects participants to be respectful to each other.
- 14) 4 Seasons Retreats has chosen its locations with care to offer participants a safe and livable environment during the retreat. Treat the location and its surroundings with care, like your own home. We take care of the beauty and cosines together. Any damage will be recovered from the causer.
- 15) Participants who do not adhere to the house rules or who do not follow the directions of the staff of the location or 4 Seasons Retreats, can be removed from the course or retreat. This does not entitle the participant to a refund of course fees.

## **Other**

- 16) During the retreat a few pictures will be made for promotional purposes of our start-up. In case a participant prefers not being on them, he or she can let 4 Seasons Retreats know by email or upon the start of the retreat.
- 17) Your personal data is kept secure. Only hosts & collaborators of 4 Seasons Retreats (who have agreed to keep information secure and confidential) have access to this information. All emails and newsletters from our sites allow you to opt out of further mailings. 4 Seasons Retreats will never sell, trade, rent, exchange or otherwise share your personal information with any other person, company or organization.
- 18) If you have any complaint about the retreat, you must make it known at the earliest opportunity to the hosts, Melanie & Marlot, who will be happy to help you and take appropriate action.
- 19) Participation in the program is voluntary. Participants are free to opt out of the retreat schedule.

20) The (yoga) activities as we offer them during the retreat are intended as leisure activities and not as a replacement for medically necessary treatments or therapy. Always discuss physical and/or psychological complaints with a qualified doctor. Take these complaints seriously and don't force anything.

## Agreement

I am aware that I am responsible for my own travel, health and cancellation insurance. I, a participant of 4 Seasons Retreats, am aware that participating in the retreat requires a certain level of fitness and general physical health. I acknowledge and voluntarily assume my responsibility to assess my level of fitness and general health (including where appropriate consulting my physician or doctor) and the risks of serious injury that are associated with physical activity of any kind including any variety of yoga, dance meditation and breath work practice and participation in yoga/dance related activities or activities related to this retreat. I confirm that I shall retain all control and direction over my activities at all times. I voluntarily assume full liability and accept the risk of harm, including physical injury and discomfort as a result of my participation in the various activities of this retreat.

I also agree to inform the instructor of any movements which I cannot safely perform, and I will not perform any activity or movement, which I feel is likely to cause me to injure myself. I will inform the teacher of any limitations or medical conditions that may affect my practice. I, or anyone who could claim in my name or on my behalf, my heirs and legal representatives, do hereby voluntarily waive, release and forever discharge the organizers of the retreat, from any and all liabilities for injuries, damages, loss or death resulting from my participation in the retreat and stay in the resort facility, and hold them harmless from all claims which may be brought against them for any such injuries or claims as aforesaid and all costs and expenses incidental thereto.

I agree that organizers reserve the right to accept or kindly decline the application of a participant at any time, to make changes in the itinerary whenever reputed necessary for the comfort, convenience, and safety to all participants, and to cancel a trip at any time. In the case that the event is canceled, organizers will give each participant a full refund of the money paid (except for cancellation due to COVID-19, then the retreat will be postponed and your ticket remains valid for the next edition). The organizers shall have no responsibility for any other expenses (eg; no refunds for flights, other accommodation, travel insurance, etc).